

**Dear Students and Parents:**

Our school policy requires all students to submit two forms, (1) a completed *Physical (HAR) with current immunizations* and (2) mandated *Emergency Health History Contact Form* before you can enter the program.

Please bring the blue Health Assessment Record to your licensed provider to complete all four pages by both medical provider and parent (high school students) and post graduates to sign and date. These forms are located on the Bristol website.

Because Bristol is a trade/technology school, it is recommended all students check to ensure your *tetanus is current* as are all other immunizations.

If you are not due for a physical exam until August of the upcoming school year, please schedule the appointment and notify the school nurse with the date of the appointment.

If you graduated high school within the past three years, you may submit a copy of the State of CT Health Assessment Record four pages of the physical form attached with your current immunization record. You can request a copy from your high school health office.

All Medical Forms must be completed and returned to the health office by August 1, 2025.

**Adults/Post Gradates Only: Immunizations:**

Required Immunizations: This information was obtained from the Conn. Gen. Stat. 10a-155.

1. Two doses of each Measles, Mumps and Rubella vaccines (or the combined MMR vaccine) administered at least 28 days apart with the first dose on or after your first birthday or evidence of immunity to Measles, Mumps and Rubella via blood titers – lab reports are required
2. Varicella (chicken pox) Vaccine

Two doses administered at least 28 days apart with the first dose on or after your first birthday or documentation of date of Varicella disease signed by your healthcare provider or evidence of immunity to Varicella via blood titers – lab reports are required.

3. Complete a Tuberculosis screening questionnaire, and based upon risk, follow-up skin or blood TB testing may be required.

**Recommended Vaccinations**

The following vaccines are recommended but are not required to submit proof of immunization:

COVID-19, Hepatitis A, Hepatitis B, Meningitis B and Tdap.:

**Exemptions to Immunizations**

Students born before January 1, 1957 are exempt from the Measles, Mumps and Rubella requirement.

Students born before January 1, 1980 are exempt from the Varicella requirement.

The State of Connecticut does **allow** medical exemptions to immunization. However, a notarized State of CT DPH Medical Exemption to Immunizations Certificate must be completed and notarized. A doctor's note is not sufficient.

In the event of an outbreak, those students with medical exemptions may be subjected to exclusion from school campus.

The State of Connecticut **does not allow** religious exemptions to state-mandated immunizations unless a request was submitted on or before April 27, 2021.

**Medication:** Any life-threatening conditions requiring medication for Asthma, Allergies, Diabetes, Seizures etc., will need additional permission forms to self-carry independently. Complete the appropriate sections of the form if medication is to be administered during the school day. Medication must be prescribed in its original labeled container. *Post-Graduate students take responsibility for the safe handling- no sharing medication, etc., safe keeping and*



*self-administration of medication forms is needed during school hours.*

*Additional forms* for all medical & IECP (Individual Emergency Care Plan) are needed for staff medication training for any outside activities (field trips/professional visits) website under school nurse. If you need student Insurance, please contact Husky Plan offers low cost or free health care 1-877-CT-Husky or [www.huskyhealth.com](http://www.huskyhealth.com)

**Activity Restrictions/Clearance forms:** Available for students requiring any limitation for injuries, medical conditions with a time limit will need to be provided by your health provider to the school nurse.

**Illness:** Please do not come to school ill. Students must be 24hr fever free without the use of medication, loose stool, vomit free of any communicable illness or diseases. Students may not leave school for illness or injury or call transportation without first reporting to the school nurse or an administrator as they are the only ones to legally dismiss a student from school.

**A pass** is needed to see the nurse unless for an emergency. No use of cell phone/videos in nurse's office unless permitted by the nurse.

**The Emergency Card** will need to be submitted before your first day of school.

Please follow the school handbook for further policy & procedures for health.

All Medical Forms can be found at <https://bristol.cttech.org/admissions/> Due to summer break, I will return to the office at the end of August.

Please contact the main office with any questions.

Sincerely,

Palma Shea, RN School Nurse  
John Ryan, Principal

The forms can be mailed to [palma.shea@cttech.org](mailto:palma.shea@cttech.org)

**Please mail/drop off**

**By August 1st: Health Assessment Record - Physical Exam with dental & immunizations (4) pages with second form: Emergency Health History & Contact Form.**

**Bristol CT Technical Education Center**

431 Minor Street

Bristol, CT 06010

860-584-8433 Fax: 860-585-2598

[palma.shea@cttech.org](mailto:palma.shea@cttech.org)